
 <p>Florence Rideout Elementary School</p>	 <p>JANUARY</p>	<p>Fruits and Veggies are served daily. We offer 100% Juice, 1% Milk and Fat Free Flavored Milk</p>
<p>For more information please contact Food Service Director Megan Nantel 603-732-9344 FRES/LCS Site Coord Tammy Smith 603-732 9283 WLC Site Coordinator Melodie Jones 603-732-9344 https://www.mymealtime.com/</p>	<p>BREAKFAST MENU</p> <p>Note: Menus are subject to change without notice</p>	<p>Breakfast Prices Student \$1.80 Reduced: FREE Milk or Juice alone \$.50 Adult Breakfast: \$2.00</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<div>1</div> <p>Winter Break No School</p>	<div>2</div> <p>Egg&Cheese WG Croissant OR Breakfast Break Pack Assorted Juice Strawberries Milk</p>	<div>3</div> <p>WG Donut OR Breakfast Break Pack Assorted Juice Pear Milk</p>	<div>4</div> <p>Yogurt Smoothie WG Breakfast Cracker ass OR Breakfast Break Pack Assorted Juice Banana Milk</p>	<div>5</div> <p>WG Bagel Cream Cheese 1 oz OR Breakfast Break Pack Assorted Juice Grapes Milk</p>
<div>8</div> <p>WG Muffin 2oz OR Breakfast Break Pack Assorted Juice Apple Slices Milk</p>	<div>9</div> <p>Egg&Cheese WG Croissant OR Breakfast Break Pack Assorted Juice Strawberries Milk</p>	<div>10</div> <p>WG Donut OR Breakfast Break Pack Assorted Juice Pear Milk</p>	<div>11</div> <p>Yogurt Smoothie WG Breakfast Cracker ass OR Breakfast Break Pack Assorted Juice Banana Milk</p>	<div>12</div> <p>WG Bagel Cream Cheese 1 oz OR Breakfast Break Pack Assorted Juice Grapes Milk</p>
<div>15</div> <p>Martin Luther King Jr Da No School</p>	<div>16</div> <p>Egg&Cheese WG Croissant OR Breakfast Break Pack Assorted Juice Strawberries Milk</p>	<div>17</div> <p>WG Donut OR Breakfast Break Pack Assorted Juice Pear Milk</p>	<div>18</div> <p>Yogurt Smoothie WG Breakfast Cracker ass OR Breakfast Break Pack Assorted Juice Banana Milk</p>	<div>19</div> <p>WG Bagel Cream Cheese 1 oz OR Breakfast Break Pack Assorted Juice Grapes Milk</p>
<div>22</div> <p>WG Muffin 2oz OR Breakfast Break Pack Assorted Juice Apple Slices Milk</p>	<div>23</div> <p>Egg&Cheese WG Croissant OR Breakfast Break Pack Assorted Juice Strawberries Milk</p>	<div>24</div> <p>WG Donut OR Breakfast Break Pack Assorted Juice Pear Milk</p>	<div>25</div> <p>Yogurt Smoothie WG Breakfast Cracker ass OR Breakfast Break Pack Assorted Juice Banana Milk</p>	<div>26</div> <p>WG Bagel Cream Cheese 1 oz OR Breakfast Break Pack Assorted Juice Grapes Milk</p>
<div>29</div> <p>WG Muffin 2oz OR Breakfast Break Pack Assorted Juice Apple Slices Milk</p>	<div>30</div> <p>Egg&Cheese WG Croissant OR Breakfast Break Pack Assorted Juice Strawberries Milk</p>	<div>31</div> <p>WG Donut OR Breakfast Break Pack Assorted Juice Pear Milk</p>		

**All Breakfast Served with
100% Juice / 1% Milk of Fat Free Chocolate Milk**

This Institution is an Equal Opportunity Provider